

Can I use my mother tongue?

The legal language used in Norway is Norwegian. Claims and responses must therefore be written in Norwegian. This also applies to other letters and information relating to cases. This is because the parties involved and everyone working on a case must understand what it contains.

If you cannot write Norwegian, you should seek help with writing down what you want to say. For example, you could arrange a meeting with the Rent Disputes Tribunal (HTU) in order to obtain help with writing down your claim or response, seek free legal aid from, for example, *Juss-buss*, who can also provide advice, or ask a friend.

If you do not understand spoken Norwegian either, you should ask for assistance with interpretation during your meetings. You can call the HTU in plenty of time before your meeting in order to ask the HTU to book/pay for an interpreter for you. Or you could always bring a friend along with you to meetings, provided that you notify the HTU about such at least 1 week before a meeting.

If the parties involved and whoever is responsible for your meeting with the HTU agree, it is possible to hold meetings in English.